

## PUPIL Questionnaire Results

Children's Comments	Statistics		
<p><b>1. Do you enjoy PE class?</b></p> <p><i>Because we get to get fit and try new activities</i></p>	Yes 86%	No 0%	Sometimes 13%
<p><b>2. Which is your favourite PE activity?</b></p>	Games 53%	Swimming 11%	Gymnastics 9%
	Athletics 15%	Dance 3%	Outdoor & Adventure 9%
<p><b>3. Do you enjoy PE homework?</b></p> <p><i>Yes, to get you out of the house</i></p> <p><i>Maybe we could get it once a week</i></p>	Yes 23%	No 7%	Don't receive 70%
<p><b>4. How could we make PE better in our school?</b></p> <p><i>External coaches</i></p> <p><i>Dance instructor</i></p> <p><i>More athletics</i></p> <p><i>Longer times</i></p> <p><i>More P. E outdoors</i></p> <p><i>By doing gymnastics</i></p> <p><i>Ping Pong</i></p> <p><i>Football coaches</i></p> <p><i>Swimming for 3<sup>rd</sup> – 6<sup>th</sup> class</i></p> <p><i>Go to more sports venues</i></p> <p><i>More inter class games competitions</i></p> <p><i>P.E in the Park</i></p> <p><i>More variety/ choice of activities</i></p> <p><i>More inclusive games "that everyone can enjoy"</i></p> <p><i>Try out more of the P.E equipment in lessons</i></p>			
<p><b>5. Do you think that the school running initiative has made you better at running?</b></p>	Yes 72%	No 28%	
<p><b>6. Do you enjoy taking part in the school running initiative?</b></p> <p><i>It was very fun</i></p> <p><i>Yes, we love it!</i></p> <p><i>It gets you stronger</i></p>	Yes 52%	No 14%	Sometimes 34%

<p><i>It makes us fitter and healthier and we still do our laps on the yard</i></p> <p><i>It makes me better at running and more active</i></p> <p><i>I get to talk to my friends</i></p> <p><i>Sometimes it makes us tired</i></p> <p><i>I like to get fresh air</i></p> <p><i>We like doing more exercise</i></p>			
<p><b>7. Do you enjoy classroom-based physical activity breaks (10@10, GoNoodle, etc.)?</b></p> <p><i>We just love Just Dance</i></p> <p><i>Meditation</i></p> <p><i>Musical chairs</i></p> <p><i>Go Noodle</i></p> <p><i>Red light Green light</i></p> <p><i>Joe Wick Workouts</i></p> <p><i>Four Corners</i></p> <p><i>It gives you a break from work</i></p> <p><i>Yes, we love it</i></p> <p><i>Yes, because we get some exercise</i></p> <p><i>It helps our brains get ready to learn</i></p> <p><i>It keeps us in a good mood</i></p> <p><i>No because there is not enough space</i></p>	<p><b>Yes 70%</b></p>	<p><b>No 8%</b></p>	<p><b>Sometimes 22%</b></p>
<p><b>8. Do you enjoy break times in the playground?</b></p>	<p><b>Yes 86%</b></p>	<p><b>No 0%</b></p>	<p><b>Sometimes 14%</b></p>
<p><b>9. How could we make playground breaks better?</b></p> <p><i>Have football goals and each class gets to use them once a week</i></p> <p><i>More games like sprouts</i></p> <p><i>More and better equipment</i></p> <p><i>Have a football section</i></p> <p><i>More space</i></p> <p><i>More toys like chalk, hula hoops, skipping ropes, dolls house</i></p> <p><i>Older kids helping with games</i></p>			

<b>10. Do you enjoy Active School Week?</b>	<b>Yes 85%</b>	<b>No 15%</b>	
<p><b>11. What is your favourite part of Active School Week?</b></p> <p><i>Sport's Day</i>  <i>Races</i>  <i>Walkway Trails</i>  <i>Sack Race</i>  <i>Medals</i>  <i>Exercise</i>  <i>Helping with activities</i>  <i>Going to the Park/ Playground</i>  <i>Running</i>  <i>Taking Walks</i>  <i>Active Breaks</i>  <i>The chance to take part in a lot of activities and keep fit</i></p>			
<p><b>12. How could make Active School Week better?</b></p> <p><i>Runs/ Walks around the park</i>  <i>Penalty Shoot Outs</i>  <i>Table tennis</i>  <i>Dodgeball</i>  <i>Inter class Matches</i>  <i>Walk to school for Active Week</i>  <i>Active Homework</i>  <i>More activities like dancing and gymnastics</i></p>			
<p><b>13. Do you know how many minutes of physical activity that children should do every day?</b></p>	<p><b>Correct Answer: 60</b></p> <p>63%</p>	<p><b>Wrong Answer:</b></p> <p>21%</p>	<p><b>Don't Know</b></p> <p>16%</p>
<p><b>14. Have you visited the Active School Flag section on our school website? If yes, what do you think of it?</b></p> <p><i>It reminds me of being active</i>  <i>The pictures are great</i>  <i>It's great seeing the updates and for the parents to see</i>  <i>We thought it was amazing</i></p>	<p><b>Yes 17%</b></p>	<p><b>No 83%</b></p>	
<p><b>15. We are very busy working towards the Active School Flag this year. What do you think about the Active School Flag process?</b></p> <p><i>We think it's great</i>  <i>We enjoy the activities</i>  <i>I think we have made a lot of progress this year</i>  <i>It's good because it gets us on our feet and gets us active</i></p>			